

The Alzheimer's Association will be offering the following classes in 2018

Classes will be held at Racine Gateway Technical College, the room TBD:

For registration please call the Alzheimer's Association at: 1-800-272-3900

February 23, 1-3 PM

The Basics: Memory Loss, Dementia and Alzheimer's Disease – This program provides information that everyone should know about memory loss and what that means for all of us. Explore memory loss, dementia and Alzheimer's disease. Learn about risk factors, research, treatments and steps to a proper diagnosis/assessment. Join us for this comprehensive overview!

May 15th, 1-3 PM

Understanding and Responding to Dementia-Related Behavior – Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us in this 2-hour presentation to learn to decode behavioral triggers and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

July 10th, 10 AM-12 PM

Effective Communication Strategies – Communication is more than just talking and listening—it's about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us in this 2-hour presentation to learn to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communication at each stage of the disease.

August 7th, 14th & 21st, 1-3 PM

Living with Dementia: Middle Stage (Caregivers) – This three-part program includes many topics for caregivers of individuals with moderate Alzheimer's disease or a related form of dementia. Topics to be covered include understanding the symptoms and care needs, understanding relationship changes, learning ways to maximize safety, preparation for emergencies, and learning how to get respite care. Effective strategies will also be discussed regarding personal care and managing challenging behaviors.

October 18th, 5:30-7:00 PM

Dementia Conversations: Driving, Doctor Visits, Legal and Financial Planning – This workshop will offer tips on how to have honest and caring conversations about going to the doctor, deciding when to stop driving and making legal and financial plans.