

Racine County Meals on Wheels/Congregate Menu

September 2023

Call 262-833-8766 before 9:00 am the previous day (Monday-Friday) to cancel a meal

 <p>Holiday Closure Notice – The Nutrition office will be closed and there will be no delivery or in site dining on Monday 9/4/23. Please call the Nutrition Office for questions or to reserve meals by 8/18/23.</p>		<p>Menu Subject to Change Diabetic Dessert is offered Choice of 1% Milk or Juice with Meals</p>		<p>1 Turkey Pasta Salad With Rigate Shells Lettuce/Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits</p>
<p>4</p> <p>HOLIDAY There will be no delivery today in observation of Labor Day</p>	<p>5 Italian Sausage w/ Marinara Sauce Scalloped Potatoes Brussel Sprouts Wheat Sausage Bun Fresh Melon</p>	<p>6 BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears</p>	<p>7 Dilled Tuna Salad Kaiser Roll Lettuce & Tomato Garbanzo & Kidney Bean Salad w/ Balsamic Carrots Banana</p>	<p>8 Chicken Marbella Florentine Rice Country Blend Vegetables Whole Wheat Bread Whole Fresh Orange</p>
<p>11 Kielbasa Dilled baby red potatoes Bean casserole Rye bread Fruit cup</p>	<p>12 Chicken w/ Garden Rotini Salad Mixed Salad Greens Herbed Tomato Wedges Multi-Grain Bread Pineapple Tidbits</p>	<p>13 Souffle Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Whole Orange</p>	<p>14 Baked Meatloaf with Gravy Mashed Potatoes Carrots & Chives Whole Wheat Bread Chilled Peaches</p>	<p>15 Potato Crusted Fish Filet Au gratin Potatoes Coleslaw Whole Wheat Bread Hot Applesauce</p>
<p>18 Meatball Marinara Sub Sandwich Wheat French Roll Potatoes Italiano Italian Green Beans Whole Orange</p>	<p>19 Salisbury Steak Mashed Potatoes/ Gravy Cabbage and Carrots Multi-Grain Bread Fruit Cocktail Oatmeal Raisin Cookie</p>	<p>20 Roasted Turkey Breast & Wisconsin Cheddar Wheat Kaiser Lettuce and Tomato Pea Salad Pineapple Tidbits</p>	<p>21 Chicken with Mini Dumplings Garden Vegetables Corn & Black Beans Multi- Grain Roll Applesauce</p>	<p>22 Veal Parmesan Penna Pasta w/ Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon</p>
<p>25 Chicken ala Orange Vegetable Rice Pilaf Bean Salad Wheat Cranberry Bread Hot Peach Crumble</p>	<p>26 French Dip Beef w/ Mushrooms & Onions Oven Fries Corn Wheat Roll Fresh Melon</p>	<p>27 Classic Lasagna With Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p>28 Surimi Crab Salad Mixed Green Salad w/ Tomato Dilled Cucumbers Whole Wheat Bread Apple Crisp Fruit Cup</p>	<p>29 Hot Dog on Wheat Bun Twice Baked Potato Casserole Peas and Carrots Banana</p>