


Racine County Meals on Wheels/Congregate Menu

November 2023

Call 262-833-8766 before 9:00 am the previous day (Monday-Friday) to cancel a meal

<p><u>HOLIDAY CLOSURE NOTICE</u> – The Nutrition office will be closed and there will be no delivery or in site dining on the following dates: Thursday 11/23/23 and Friday 11/24/23. Please call the Nutrition Office for questions or to reserve meals by 11/06/23.</p>		<p>1 Spaghetti with Meatballs and Marinara Broccoli Vienna Bread Peaches</p>	<p>2 Chicken Tenders Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Bean & Tomato Medley Cranberry Applesauce</p>	<p>3 Surimi Crab Alfredo Penne Pasta Zucchini/Peppers/Onions Chef's Choice Vegetable Multigrain Dinner Roll Fruit Cup</p>
<p>6 Baked Meatloaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits</p>	<p>7 BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble</p>	<p>8 Maple Mustard Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruited Jello</p>	<p>9 Cheese Omelet Hashbrown Potatoes Whole Wheat Biscuit Apple Juice Fruited Yogurt Fresh Orange</p>	<p>10 Swedish Meatballs With Gravy Mashed Potatoes Broccoli Multi-Grain Bread Fresh Melon</p>
<p>13 Roast Pork & Gravy Au Gratin Potatoes Peas and Carrots Wheat Bread Whole Apple</p>	<p>14 Cheddar Broccoli Chicken Rice Casserole Cauliflower Wheat Roll Pear Cranberry Crumble</p>	<p>15 Salisbury Steak With Gravy Mashed Potatoes Corn Multi-Grain Bread Pineapple</p>	<p>16 Hot Dog Wheat Bun Oven Fries Bean Casserole Banana</p>	<p>17 Classic Lasagna with Meat Sauce Broccoli Chef's Choice Vegetable Wheat Bread Oatmeal Raisin Cookie</p>
<p>20 <u>Holiday Meal</u> Roasted Turkey with Gravy Baked Sweet Potatoes Green Bean Casserole Bread Stuffing Dessert</p>	<p>21 Spaghetti with Meatballs and Marinara Mixed Salad Greens Multi-Grain Bread Warm Peach Cobbler</p>	<p>22 Shaved Pork with Mediterranean Sauce Scalloped Potatoes Brussel Sprouts Multi- Grain Bread Applesauce</p>	<p>23 & 24 Closed For Thanksgiving Holiday</p> 	
<p>27 Hot Roast Beef W/ Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread Fresh Orange</p>	<p>28 BBQ Riblet Oven Fries Black Bean and Corn Wheat Bread Whole Apple</p>	<p>29 Roast Turkey W/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Choice Fruit Oatmeal Raisin Cookie</p>	<p>30 Western Eggs Hashbrown Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana</p>	<ul style="list-style-type: none"> • Menu Subject to change • Diabetic Dessert is offered • Choice of 1% Milk or Juice with Meals