


# Racine County Meals on Wheels/Congregate Menu

**MAY 2023**

Call 262-833-8766 before 9:30 am the previous day (Monday-Friday) to cancel a meal

<p><b>1</b> Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit</p>	<p><b>2</b> Chef's Choice Frozen (will be delivered/picked up Monday)</p>	<p><b>3</b> BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears</p>	<p><b>4</b> Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p><b>5</b> Chicken Marbella Florentine Rice Country Blend Vegetables Whole Wheat Bread Whole Fresh Orange</p>
<p><b>8</b> Kielbasa Dilled Baby Red Potatoes Bean Casserole Rye Bread Mixed Fruit</p>	<p><b>9</b> Chef's Choice Frozen (will be delivered/picked up Monday)</p>	<p><b>10</b> Souffle Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Whole Orange</p>	<p><b>11</b> Chef's Choice Frozen (will be delivered/picked up Wednesday)</p>	<p><b>12</b> Potato Crusted Fish Filet Au gratin Potatoes Coleslaw Whole Wheat Bread Hot Applesauce</p>
<p><b>15</b> Meatball Marinara Sub Sandwich Wheat French Roll Potatoes Italiano Italian Green Beans Whole Orange</p>	<p><b>16</b> Salisbury Steak Mashed Potatoes w/gravy Cabbage and Carrots Multigrain Bread Mixed Fruit Oatmeal Raisin Cookie</p>	<p><b>17</b> Roasted Turkey Breast &amp; Wisconsin Cheddar; Wheat Kaiser Lettuce and Tomato Pea Salad Pineapple Tidbits</p>	<p><b>18</b> Chicken &amp; Dumplings Garden Vegetables Corn &amp; Black Beans Multigrain Dinner Roll Applesauce</p>	<p><b>19</b> Veal Parmesan Penna Pasta Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon</p>
<p><b>22</b> Chicken Ala Orange Vegetable Rice Pilaf Bean Salad Wheat Cranberry Bread Hot Peach Crumble</p>	<p><b>23</b> French Dip of Beef w/Mushrooms and Onions Oven Fries Corn Wheat French Roll Fresh Melon</p>	<p><b>24</b> Classic Lasagna With Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p><b>25</b> Surimi Crab Salad Lettuce and Tomato Dilled Cucumbers Whole Wheat Bread Apple Crisp Fruit Cup</p>	<p><b>26</b> Hot Dog Wheat Bun Twice Baked Potato Casserole Peas and Carrots Banana</p>
<p><b>29</b> <b>HOLIDAY</b> <b>There will be no delivery today in observation of Memorial Day</b></p> 	<p><b>30</b> Hamburger Bean Casserole Mixed Vegetables Wheat Sandwich Bun Fruit Sunburst</p>	<p><b>31</b> BLT Chicken Salad Mixed Salad Greens With Tomato Wedges Tri-Bean Salad; Crackers Mandarin Oranges</p>	<p><b><u>HOLIDAY CLOSURE NOTICE</u></b> – The Nutrition office will be closed and there will be no delivery or in site dining on Monday 5/29/23. Please call the Nutrition Office for questions or to reserve meals by 5/12/23.</p> <p><b>Menu Subject to Change</b> <b>Choice of 1% Milk or Juice</b> <b>Diabetic Dessert is offered with Meals</b></p>	