


Racine County Meals on Wheels/Congregate Menu

DECEMBER 2021

833-8766

Call before 9:30 am the previous day (Monday-Friday) to cancel a meal.

		1 Roast Turkey w/cheddar ale sauce Vegetable rice pilaf Broccoli; Biscuit; Cookie; Chef's choice fruit	2 Chef's Choice Frozen (will be delivered/picked up Wednesday)	3 Chicken Breast Parmesan w/pasta Squash medley Wheat roll Chilled peaches
6 Sliced Bavarian Brat Diced parselied potatoes Carrots Rye bread Fresh melon	7 Chef's Choice Frozen (will be delivered/picked up Monday)	8 Texas Chili Mac and cheese Country blend veggies Multigrain bread Fruit cocktail	9 (will be delivered/picked up Wednesday)	10 Baked Pollock w/lemon butter sauce Baked potato California blend veggies Wheat bread Vanilla mandarin pudding
13 Slow Roasted Beef with gravy; cookie Mashed potatoes Brussels sprouts Multigrain bread Chilled pears	14 Chef's Choice Frozen (will be delivered/picked up Monday)	15 Spaghetti and Meatball Marinara Broccoli Wheat roll Chilled peaches	16 Chef's Choice Frozen (will be delivered/picked up Wednesday)	17 Surimi Crab Alfredo Penne pasta Zucchini, pepper, onion medley; fruit cup Chef's choice veggie Wheat roll
20 HOLIDAY MEAL! Baked Ham w/cran-raisin sauce Roasted diced potatoes Mixed veggies Rye bread; pie	21 Chef's Choice Frozen (will be delivered/picked up Monday)	22 BBQ Chicken Thigh Oven fries Baked bean casserole Wheat bread Fruit Jello	23 CLOSED FOR THE CHRISTMAS HOLIDAY	24 CLOSED FOR THE CHRISTMAS HOLIDAY
27 Roast Pork w/gravy Au gratin potatoes Warm cinnamon apples Wheat bread Pumpkin bar	28 Chef's Choice Frozen (will be delivered/picked up Monday)	29 Salisbury steak w/gravy Mashed potatoes Multigrain roll Pineapple; corn	30 CLOSED FOR THE NEW YEAR'S HOLIDAY	31 CLOSED FOR THE NEW YEAR'S HOLIDAY

Menu is subject to change without notice

Diabetic Dessert is offered

Choice of 1%, skim milk, or juice included with each meal