



Racine County Meals on Wheels Menu

April 2018 833-8766

Call before 9:30 am the previous day (Monday-Friday) to cancel a meal.

| | | | | |
|---|--|---|--|--|
| <p>2 Meatball Marinara Sub on Hoagie Roll Potatoes Italiano Italian Green Beans Whole Orange</p> | <p>3 Salisbury Steak & Vegetables Mashed Potatoes Cabbage & Carrots Multi-Grain Bread Ranger Cookie</p> | <p>4 Ham & Turkey Club Focaccia Flat Bread Lettuce & Tomato Pea Salad Pineapple Tidbits</p> | <p>5 Chicken & Mini Dumplings Garden Vegetables Beet Salad Crackers Hot Glazed Apples</p> | <p>6 Veal Parmesan Penne Pasta W/Marinara Sauce Broccoli Whole Wheat Roll Fresh Melon</p> |
| <p>9 Chicken Ala Orange Vegetable Rice Pilaf Green Bean Salad Wheat Cranberry Bread Hot Peach Crumble</p> | <p>10 French Dip of Beef W/Mushrooms/Onions Barley & Vegetables Harvard Beets French Roll Fresh Melon</p> | <p>11 Classic Lasagna W/Meat Sauce Squash Medley Italian Green Beans Garlic Bread Oatmeal Raisin Cookie</p> | <p>12 Surimi Crab Salad Leaf Lettuce Garnish & Tomato Wedges Dilled Cucumbers Whole Wheat Bread Apple Crisp</p> | <p>13 Hot Dog Twice Bake Potato Casserole Peas & Carrots Banana</p> |
| <p>16 Prime Rib of Pork Mashed Potatoes/Gravy Chef's Vegetable Whole Wheat Bread Strawberry Yogurt</p> | <p>17 Hamburger Baked Beans Mixed Vegetables Wheat Hamburger Bun Fruit Sunburst</p> | <p>18 BLT Chicken Salad Mixed Salad Greens W/ Tomato Wedges Tri-Bean Salad Crackers Ambrosia Fruit Custard</p> | <p>19 Spaghetti & Meatballs W/Marinara Sauce Capri Blend Vegetables Chilled Pears</p> | <p>20 Herbed Baked Chicken Mashed Potatoes/Gravy Green Bean Casserole Bran Muffin Bread Fresh Melon</p> |
| <p>23 Baked Meatloaf W/ Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange</p> | <p>24 Enchilada Breakfast Casserole Diced Hash Browns Peach Cobbler Juice Banana</p> | <p>25 Italian Beef Au Gratin Potatoes Harvard Beets Wheat Sandwich Bun Mixed Fruit</p> | <p>26 Chicken Booyah & Vegetables Mashed Potatoes Rye Bread Spiced Apples</p> | <p>27 Turkey Pasta Salad W/Shell Rigate Lettuce/Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits</p> |
| <p>30 BBQ Riblet Baked Potato Parslied Cauliflower Sliced Wheat Bun Mixed Fruit</p> | | | | <p>Important Notice The Menu for Meals on Wheels is now different from the Racine County Senior Dining Site menu.</p> |

*Menu is subject to change

*Diabetic Dessert is offered with all meals

*Choice of 1%, skim milk, or juice included with each meal.