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In Wisconsin, Help is 3 Numbers Away



211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food ●
- Housing and Shelter ●
- Utility Assistance ●
- Healthcare Services ●
- Government Services ●

211 also can connect people with information and referrals for:

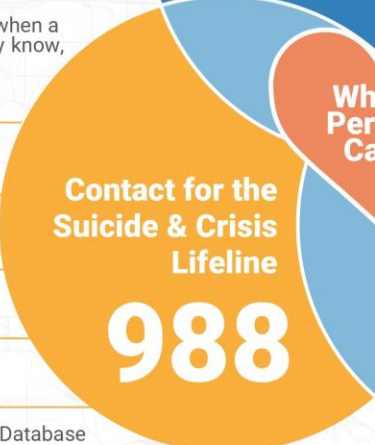
- Substance Use / Mental Health Resources ●
- Transportation ●
- Legal Services ●
- Counseling and Support Groups ●
- Disaster Aftercare ●



988 provides support when a person, or someone they know, is experiencing a crisis:

- Thoughts of Suicide ●
- Mental Health Crisis ●
- Substance Use Crisis ●
- Emotional Distress ●

Referrals as needed, utilizing 211 WI's Resource Database ●



911 provides first responder dispatch for:

- Medical Emergency ●
- Fire ●
- Reporting a Crime ●
- Disaster Response ●
- Life Threatening Situation ●



Who to Call in Racine County

If you have questions about programs and services for people who need assistance with mental health or substance abuse concerns:

Racine County Crisis Line

262-638-6741

If you have questions about programs and services for adults who are physically or developmentally disabled, are elderly, or are a caregiver of an elder or someone with dementia of any age:

**Aging and Disability Resource Center
Of Racine County (ADRC)**

262-833-8777

Hotlines and Helplines

Most hotlines are available 24/7, 365 days per year

Community Resources 211

211 or 866-211-3380

Wisconsin Addiction Recovery Helpline - access by calling 211

National Mental Health/Suicide/Crisis Line – access by calling 988

AIDS (National) Hotline (also HIV and sexually transmitted diseases)

800-342-AIDS (2437)

Adult Protective Services –Racine County

262-833-8777 8 to 4:30 M-F

After hours and weekends

contact crisis line below:

Racine County Crisis Line

262-638-6741

Domestic Violence – National Hotline

800-799-7233

Human Trafficking Hotline

888-373-7888

Sexual Assault Services

262-637-SAFE (7233)

Women’s Resource Center

262-633-3233 24-hr crisis

Poison Control

800-222-1222

Parent Hotline/Youth Crisis line

800-840-6537

Suicide/ Crisis (National)

800-273-TALK (8255) or 988

Veterans Crisis Line

800-273-8255 Press #1

Or text to 838255

The information in this booklet was compiled as a guide to available services and programs. It is intended to be used by Aging and Disability Resource Center of Racine County (ADRC) staff members when meeting or talking with consumers. For more detailed or current information, call the agency listed, or contact the ADRC.

The ADRC does not endorse, rate, comment, or evaluate resources, programs, or providers, and therefore cannot guarantee the quality of services provided. All information in this booklet is based upon the best information available at the time of publication, and the ADRC assumes no responsibility for changes, errors, or omissions.

Food - Racine Meal Sites:

Free meals, no eligibility requirements, donations accepted.

Hospitality Center – St Luke’s Episcopal Church 262-853-2886
614 Main St, Racine, WI 53403 <https://www.hospitality-center.org/>
Breakfast pastry and coffee 7:30-8:30, lunch 11:30 – 12:30

Love Inc 262-763-6226
480 S Pine St, Burlington WI 53105
<http://www.love-inc.net/> Weekdays check for time

Other Free Meal Options:

Sunday: **Living Faith Lutheran Church** 2915 Wright Ave 4:30 -5:30 pm
Monday: **St Luke’s Episcopal Church-Hospitality Center** 614 Main St 5:30 pm
Tuesday: **St Vincent DePaul**, held at:
Northpoint United Methodist 3825 Erie St 4:30 – 5:30 pm
Wednesday: **Zoe Outreach Ministries** 2130 Racine St 4:30 – 5:30 pm
Thursday: **St Patrick’s** 1100 Erie St 5:30 – 6:15 pm
Thursday: **Greater Grace Temple** 522 N Memorial Dr 5:00 – 6:00 pm
Friday: **Food for the Soul** 703 Washington Ave 6:00 pm
Saturday: (sack lunches) **First United Methodist** 745 Main St Noon – 12:30 pm

Food Pantry/Emergency Food Sign Up:

City of Racine (East of I-94) 211 or 866-211-3380 or you can
text your ZIP Code to 898-211

Love Inc (West of I-94) 262-763-6226

FoodShare:

FoodShare (Food Stamps or SNAP) 888-794-5820
Visit in person: 1717 Taylor Ave Racine –or- 1072 Milwaukee Ave., Burlington WI, between 8am-
4:30pm M-F or you may call, or apply online at www.access.wisconsin.gov

Health - General Medical Care

Health Departments:

Information about flu shots, blood pressure clinics, immunizations, home visits, and communicable disease programs can be obtained by calling the Public Health Provider of your municipality.

Racine County Public Health Department 262-898-4460
9531 Rayne Rd, Sturtevant, WI 53177
<https://crchd.com/>
Covers municipalities outside of the Racine listing (see next page)

Racine Health Department 262-636-9201
730 Washington Ave, Racine, WI 53403
<https://www.cityofracine.org/Health/>
Covers the City of Racine, Elmwood Park, and Wind Point

Community Clinics:

Health Care Network

262-632-2400

500 Wisconsin Ave, Ste 102, Racine WI 53403

<http://www.healthcarenetwork.org/>

Non-profit agency providing free or low-cost health care to residents of Racine County who are medically uninsured and have a limited income. Services are provided at the Health Care Network office and throughout the County by health care professionals who volunteer their time, offices, and skills.

Kenosha Community Health Center

262-656-0044

Offers three Kenosha locations

262-237-6457

<http://www.kenoshahc.org/>

Not-for-profit charitable organization that provides affordable and quality primary medical, dental and behavioral health care. KCHC accepts uninsured patients and provides assistance with insurance applications. All patients are served on a sliding fee scale based on ability to pay – no one is turned away.

Lakeview Health

262-674-7772

800 Goold St, Racine WI 53402

<https://lakeviewhealthwi.org/>

Same day appointments, Pain Management, Family Medicine, Dermatology, STI's Cardiology, Respiratory and Podiatry. Assists with Medicaid re-enrollment and more.

Racine Community Health Center

262-800-7242

930 Dr Martin Luther King Dr, Racine WI 53404, Entrance # 3

<https://www.racinechc.org/>

RCHC offers sliding fee scale options, ensuring quality care for families regardless of their financial situation. Located inside Julian Thomas Elementary School, patients can expect compassionate care for the entire family. RCHC is dedicated to promoting health, preventing illnesses, and managing chronic conditions.

Medical Expense Assistance:

Ascension- Community Care Program

877-304-6332

<https://healthcare.ascension.org/financial-assistance/wisconsin>

Apply if you receive medically necessary care and show financial need, but do not qualify for other financial assistance programs. Medications are not covered. Call above numbers or meet with financial counselors at most Racine locations.

Aurora - Helping Hand

800-326-2250

PO Box 0909996, Milwaukee, WI 53209-09996

<https://www.aurorahealthcare.org/patients-visitors/billing-payment/financial-assistance>

This program is provided for patients of Aurora hospitals and clinics. For low income, those without insurance, and other factors. Medications are not covered.

Froedtert/MCW – Patient Assistance Programs

800-466-9670

<https://www.froedtert.com/financial-services>

Financial counselors are available to answer your questions regarding programs for which you may qualify if you are uninsured or underinsured.

Healthcare.gov **800-318-2596**
<https://www.healthcare.gov/> - Purchase affordable health insurance.

Mental Health America - Wisconsin **414-276-3122**
866-948-6483
<https://www.mhawisconsin.org/>
600 W Virginia St Suite 502, Milwaukee, WI 53204
Information on mental health related patient assistance programs.

WisCovered **Online only or call 211**
<https://wiscovered.com/>
Free, expert health insurance help for Wisconsin residents.

Emergency Shelter

HALO (Homeless Assistance Leadership Org) **262-633-3235**
<https://www.haloinc.org/>
2000 DeKoven Ave, Racine, WI 53403
Men, Women and Children

Transitional Living Center (TLC) Burlington **262-767-1478**
23303 Church Rd, Kansasville, WI 53139
Families and individuals
<https://tlcburlington.com/>

Women's Resource Center **262-633-3233 24-hr crisis**
Services for victims or those at risk of domestic violence.

Additional (non- emergency) Sober Living Resources:

Buchanan House **262-637-7601**
<https://lasthouseontheblock.org/>
1510 Buchanan St, Racine, WI 53402
Recovery-based/sober living environment, voluntary clients, males only. Participants must pay rent and find employment.

Oxford House
<https://www.oxfordhouse.org/>
Recovery-based/sober living environment, voluntary clients, male or female only homes. Participants must pay rent and find employment. Search website by vacancies. Listing of local houses on the next page. This does not mean that they will have a vacancy. Local Oxford House sober living homes below. There are many others in the Milwaukee area. See the website for vacancy listings.

Angie Pio (Women/children) **262-583-1045**
Racine, WI 53402

Ayers (Men) **262-764--0290**
Kenosha, WI 53140

continued next page...

Jerry C (Men) 262-564-5115

Kenosha, WI 53143

Lake Side (Women/children) 262-577-5617

Kenosha, WI 53140

Center for Veterans Issues Resource Center 262-633-5180

<https://www.cvivet.org/>

1300 S Green Bay Rd, Ste 102, Racine WI 53402

Homeless military veterans. Offers housing, rapid rehousing, supportive permanent housing and prevention.

Ground Zero Veterans Outreach 262-822-4145

<https://www.gzvo.org/>

1011 Main St, Union Grove WI 53182

Helps homeless veterans find a home and assists with move in and donated furnishing etc. Confirms benefits are being received including rental voucher. Thrift store.

VA National Call Center for Homeless Resources 877-424-3838

<https://www.va.gov/homeless/nationalcallcenter.asp>

The Department of Veterans Affairs' (VA) has founded a National Call Center for Homeless Veterans hotline to ensure that homeless Veterans or Veterans at-risk for homelessness have free, 24/7 access to trained counselors.

Veterans Outreach of Wisconsin - Racine 262-221-8350

<https://vovvillages.com/>

Assists with various needs including housing, and food pantry for veterans.

Health-Substance Abuse Services – Alcohol & Drug Abuse (AODA):

*Has someone you trust suggested you need to speak with a professional about your alcohol or drug use? These agencies are good places to start. ***If you have insurance begin by calling the number on the back of your insurance card and asking if they have preferred providers of Substance abuse treatment. They can also explain your coverage. Employers often offer Employee Assistance Programs (EAP) programs that help as well.***

Substance Abuse Counseling and Treatment Resources

Outpatient Resources

Agape Recovery Center 262-767-0441

201 N Pine St, Burlington, WI 53105

Alcoholics Anonymous 262-554-6611

Central Office - 3701 Durand Ave

Racine, WI 53405

12 Step meetings in various locations around the county.

<https://www.aa.org/>

262-554-7788 24/7 hotline

Al-Anon of Southeastern WI 414-257-2415
<https://al-anon.org/> Support for family members of alcoholics.

American Behavioral Clinics (former Credence Therapy) 262-723-3424
1 ½ W Geneva St, Elkhorn, WI 53121
<https://americanbehavioralclinics.com/our-locations/elkhorn-clinic-2/>
Confidential, professional treatment services specialized to meet the needs of the client.

Ascension All Saints Mental Health & Addiction Care 262-687-2222
<https://healthcare.ascension.org/specialty-care/behavioral-mental-health>
Offers comprehensive outpatient counseling, located throughout Southeastern Wisconsin. For information about all services and locations in Racine County call the number listed above.

Aurora Behavioral Health 414-773-4312
116 N Dodge St, Burlington, WI 53105
<https://www.aurorahealthcare.org/services/behavioral-health-addiction>
Offers a full continuum of substance abuse treatments and related services for children, youth, adults, and families.

Behavioral Health Services of Racine County 262-638-6744
1717 Taylor Ave, Racine WI 53403
<https://www.racinecounty.com/departments/human-services/aging-disability-services/behavioral-health-services-of-racine-county/mental-health-and-substance-abuse-services>
BHS provides a comprehensive array of mental health and substance abuse services including outpatient evaluations, psychotherapy, and counseling. Medicare, Medicaid, and most private insurances are accepted, offers sliding fee scale. Other programs include:

Comprehensive Community Services

Voluntary services for individuals facing mental illness and/or substance abuse issues. Must be a Racine County resident and receive Medicaid. Services provided are personalized to the individual focusing on their goals for recovery.

Substance Abuse Disorder Services

Same day/next day appointments for those seeking counseling for those struggling with substance abuse issues. Priority given to pregnant women and IV substance users.

Crisis and Short-Term Services

262-638-6741

On-Demand crisis counseling is available to Racine County residents and bridges the gap before a first therapy appointment.

SAIL (Stabilization Assessment Information and Linkage)

SAIL is a 15- bed, 24/7 voluntary short-term crisis stabilization center for adult residents experiencing a mental health crisis. Staff coordinate services to promote stabilization and linkage to resources.

CleanSlate Outpatient Addiction Medicine 262-833-9320
5439 Durand Ave, Ste 103
Racine WI, 53406
<https://www.cleanslatecenters.com/racine-wisconsin>

Opioid and alcohol dependency treatment. Medication assisted treatment. No counseling.

Family Services of Racine**262-634-2391**420 7th St, Racine WI 53403

Various counseling programs for Family, Couples, Men, Women, Children, Veterans and Seniors. Sliding fee scale available.

Lakeside Family Therapy Services**262-637-9984**

4810 Northwestern Ave, Racine, WI 53406

524 Monument Square, Suite #213

<https://www.lakesidefamilytherapy.com/>

Lakeside Family Therapy Services, a licensed mental health and AODA clinic, offers mental health and AODA counseling for individuals, families, and couples of all ages. 3 Locations.

Narcotics Anonymous (NA)- Wisconsin Region**866-635-2254**<https://wisconsinna.org/>**262-552-6879**

A 12-step program for addicts.

NAR-Anon**800-477-6291**<https://www.naranonmidwest.org/> For family and friends of addicts.**Racine Comprehensive Treatment Center****877-907-0451**

5735 Durand Ave, Ste A, Racine WI 53406

Racine WI 53406

<https://www.racinctc.com/>

Medication assisted treatment and counseling.

Racine County Crisis Line**262-638-6741**

1717 Taylor Ave, Racine, WI 53403

<https://www.racinecounty.com/departments/human-services/aging-disability-services/behavioral-health-services-of-racine-county/mental-health-and-substance-abuse-services>

Access to Racine County's Mental Health and AODA (Alcohol and Other Drug Abuse) services. Provides information and assistance and access to various other programs.

Inpatient/Residential Service

Note: For Detox service please go to your local emergency room as a first step.

Adult and Teen Challenge Great Lakes**414-748-(HELP) 4357**<https://greatlakesatc.com/>

Adult & Teen Challenge of Wisconsin is a 1-year live-in Christian program for adults struggling with drugs and alcohol. Includes mentoring, education, and job training. Has men's and women's campuses located in Milwaukee.

Mt. Zion House**262-249-8934**<https://www.mtzionhouse.org/>

2330 Hwy 120, Lake Geneva, WI 53147

Christian rehabilitation center. Serves men and women, has Mt Zion House for Men.

Nova Counseling Services**920-231-0143**<https://www.novaoshkosh.com/programs/nova-residential/>

Residential program in Oshkosh Wisconsin.

Rogers Behavioral Health**800-767-4411**<https://rogersbh.org/what-we-treat/addiction>

Inpatient treatment available in Kenosha, West Allis, Brown Deer, and Oconomowoc, also offers outpatient services.

Roots Recovery Sober Living Program**844-738-6938**<https://www.rootsrecovery.org/>

Focus on young adults, holistic approach. Milwaukee locations

Rosecrance**866-330-8729**<https://rosecrance.org/>

Offers comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education. Various physical and virtual locations, inpatient offered at the Rockford IL Harrison Campus.

Salvation Army<https://centralusa.salvationarmy.org/usc/adult-rehabilitation-centers>**Milwaukee** – 324 N Jackson St**414-276-4316****Waukegan** - 431 S Genesee St**847-662-7730**

Adult Rehabilitation Centers

United Community Center –**414-643-8530****Substance Use Disorder Programs**<https://www.unitedcc.org/community-services/substance-use-treatment-program/>

Bilingual/bicultural substance use disorder treatment program providing continuum of care for Spanish speakers. Trauma informed, dual-diagnosis-capable mental health programs – outpatient and inpatient for men and women.

Other Resources**Addiction Policy Forum****833-301-4357**<https://www.addictionpolicy.org/helpline>**Resilient Wisconsin**<https://www.dhs.wisconsin.gov/resilient/index.htm>**Shatterproof Treatment Atlas**<https://treatmentatlas.org/>

Wisconsin Addiction Recovery Helpline – access by calling **211** or text zip code to **898211**

Wisconsin Tobacco Quit Line**800-QUIT-NOW**<https://ctri.wisc.edu/quit-line/>**(800-784-8669)****EN ESPAÑOL: 877-2NO-FUME**

If you're ready to quit smoking or chewing tobacco and you're a Wisconsin resident, simply call. You'll talk to a friendly quit coach who will send you a free two-week supply of quit-tobacco medications, plus help you develop strategies on how to quit that are just right for you.

Websites of interest:

Alcohol Screening (Boston University)

<https://alcoholscreening.org/>

Community Guide to Quit-Tobacco Programs

<https://www.dhs.wisconsin.gov/tobacco/treatment.htm>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://findtreatment.gov/>

Mental Health Social Day Program:

Friendship Clubhouse

262-636-9393

2000 17th St, Racine, WI 53403

<https://racineclubhouse.org/>

The clubhouse model is based on the belief that members are partners in their own recovery, rather than merely the passive recipients of treatment, and that meaningful work and relationships are integral parts of their recovery. Members work side by side with staff to organize and administer and carry out the program. Success is dependent upon the degree to which members assume responsibility for themselves. All Clubhouses adhere to the set of International Clubhouse Standards.

Other – Daytime Drop-in Center

Hospitality Center @ St Luke's Episcopal Church

262-853-2886

614 Main St

Racine, WI 53403

<https://www.hospitality-center.org/>

Daytime drop-in program offering hospitality without agenda, to any community member, homeless or near homeless.

Mental Health Care and Counseling

*There are times when confiding in friends and family members is not enough. Consider speaking with a professional. ***If you have insurance, begin by calling the number on the back of your insurance card and asking if they have preferred providers of mental health treatment. They can also explain your coverage. Employers often offer EAP programs that help.***

A Ray of Hope: Great Lakes Institute of Neurology and

262-286-1860

Psychiatry

6123 Green Bay Rd #120, Kenosha, WI 53142

<https://www.bansalneuro.com/>

Neurological, neuromuscular, and psychiatric care to adults of all ages.

Advanced Solutions Counseling and Therapy

262-342-4357

441 Milwaukee Ave, Ste 1F, Burlington, WI 53105

<https://www.facebook.com/advancedsolutionscounselingtriabraun/>

American Behavioral Clinics (former Credence Therapy) **262-723-3424**
1 ½ W Geneva St, Elkhorn, WI 53121
<https://americanbehavioralclinics.com/our-locations/elkhorn-clinic-2/>
Confidential, professional treatment services specialized to meet the needs of the client.

Ascension All Saints Mental Health & Addiction Care **262-687-2222**
<https://healthcare.ascension.org/specialty-care/behavioral-mental-health>
Offers comprehensive outpatient counseling, located throughout Southeastern Wisconsin. For information about all services and locations in Racine County call the number listed above.

Aurora Behavioral Health **414-454-6600**
Various locations
<https://www.aurorahealthcare.org/services/behavioral-health-addiction/>
Offers complete mental health treatment options, provided by highly trained professionals in a caring, confidential manner to meet individual and family needs.

Behavioral Health Services of Racine County **262-638-6744**
1717 Taylor Ave, Racine, WI 53403
<https://www.racinecounty.com/departments/human-services/aging-disability-services/behavioral-health-services-of-racine-county/mental-health-and-substance-abuse-services>
BHS provides a comprehensive array of mental health and substance abuse services including outpatient evaluations, psychotherapy, and counseling. Medicare, Medicaid, and most private insurances are accepted, offers sliding fee scale. Other programs include:

Comprehensive Community Services

Voluntary services for individuals facing mental illness and/or substance abuse issues. Must be a Racine County resident and receive Medicaid. Services provided are personalized to the individual focusing on their goals for recovery.

Substance Abuse Disorder Services

Same day/next day appointments for those seeking counseling for those struggling with substance abuse issues. Priority given to pregnant women and IV substance users.

Crisis and Short-Term Services

262-638-6741

On-Demand crisis counseling is available to Racine County residents and bridges the gap before a first therapy appointment.

SAIL (Stabilization Assessment Information and Linkage)

SAIL is a 15- bed, 24/7 voluntary short-term crisis stabilization center for adult residents experiencing a mental health crisis. Staff coordinate services to promote stabilization and linkage to resources.

Balance of Mind **262-864-5045**
Counseling and Behavioral Services LLC
826 Main St, Union Grove, WI 53182
<http://balanceofmindwi.com/index.html>
Treatment of anxiety disorders through CBT, DBT and Art Therapy. All Ages.

Catholic Charities **262-637-8888**
800 Wisconsin Ave, Racine, WI 53403
<https://www.ccmke.org/Behavioral-Health>
Counseling services are covered through private self-pay and third-party payers, as well as Medicare, Medical Assistance, and Badger Care. Fees are on a sliding scale. Spanish also.

Children's Service Society

Burlington – 480 S Pine St

262-763-3008

Racine – 8800 Washington Ave, Mount Pleasant

262-633-3591<https://www.chw.org/medical-care/psychiatry-and-behavioral-medicine>

Serves children and families. Insurance and offers sliding fee scale.

Clinical Psychology Associates**262-763-9191**

197 W Chestnut St, Burlington, WI 53105

<https://www.clinicpsych.com/>

Multi-specialty outpatient mental health clinic.

DeRose Family Counseling**262-633-1235**316 5th St, Racine, WI 53403<https://derosefamilycounseling.com/>

Multi-specialty outpatient mental health clinic. Has Spanish speaking counselor.

Family Services of Racine**262-634-2391**420 7th St, Racine, WI 53403

Various counseling programs for Family, Couples, Men, Women, Children, Veterans and Seniors. Sliding fee scale available.

Hopes Center**262-898-2940**521 6th St, Racine, WI 53403<https://www.hopescenter.org/>

Mental health counseling and case management for homeless individuals or those facing eviction, with chronic mental illness. Goal is to help transition out of homelessness.

Lakeside Family Therapy Services**262-637-9984**

4810 Northwestern Ave, Racine, WI 53406

524 Monument Square, Suite #213

<https://www.lakesidefamilytherapy.com/>

Licensed mental health and AODA clinic, offers mental health and alcohol and other drug abuse (AODA) counseling for individuals, families and couples of all ages. 3 Locations.

LifeStance Therapists and Psychiatrists Racine**262-648-3830**[https://lifestance.com/location/racine-wi-1143-warwick-](https://lifestance.com/location/racine-wi-1143-warwick-way/?utm_source=gmb&utm_medium=organic&utm_campaign=locations)[ay/?utm_source=gmb&utm_medium=organic&utm_campaign=locations](https://lifestance.com/location/racine-wi-1143-warwick-way/?utm_source=gmb&utm_medium=organic&utm_campaign=locations)

1143 Warwick Way, Racine, WI 53406

In person or virtual mental health treatment sessions.

NAMI – Alliance on Mental Illness of Racine County**262-637-0582**

2300 DeKoven Ave, Racine, WI 53403

<https://www.namiracinecounty.org/>

Offers various support groups, education, advocacy, referrals, and other resources to help people with a mental illness, their families, and the community. Serves Burlington area also.

NuLife Therapy Services, LLC**262-456-3712**

6214 Washington Ave, Ste C3

Racine, WI 53406

<https://www.nulifetherapy.org/>

Providing individual, couples and family counseling. Insurance and offers sliding fee scale.

Oakwood Clinical Associates**262-652-9830**4109 67th St, Kenosha WI 53142<https://www.oakwoodclinical.com/>

Confidential, professional treatment services specialized to meet the needs of the client. Insurance and offers sliding fee scale. Second location in Kenosha.

Pathways Consulting

Racine

262-456-4056<https://pathwaysconsultingllc.com/>

Kenosha

262-652-7222

Pathways Consulting is a private outpatient mental health clinic offering counseling services to adults, children, couples, and families. Also, AODA issues at Racine location only. Insurance and offers sliding fee scale.

Poe & Poe Psychologists**262-763-7249**

Burlington – Call for Burlington appointments

Racine – 6214 Washington Ave, Ste C-6

<https://www.drspoeandpoe.com/>

Treatment for children and adolescents. Insurance and offers sliding fee scale.

Portis Marriage and Children Counseling Clinic**262-884-9734**

5801 Washington Ave, Ste 110

Mount Pleasant, WI 53406

<http://www.portismarriageandchildrencounseling.mynetworksolutions.com/>

Private outpatient mental health clinic offering counseling services to adults, children, couples, and families. Offers rapid response appointments. Insurance and offers sliding fee scale.

Professional Services Group**262-638-2000**

800 Goold St, Racine, WI, 53402

<https://www.psgcip.com/index.php>

Treatment for children, adolescents, adults, families, and couples

Psychiatric Services of Racine**262-635-5520**

8700 Durand Ave #600

Sturtevant, WI 53177

Mental health and counseling services.

Racine County Crisis Services Center**262-638-6741**

1717 Taylor Ave, Racine, WI 53403

<https://www.racinecounty.com/departments/human-services/aging-disability-services/behavioral-health-services-of-racine-county/mental-health-and-substance-abuse-services>

Access to Racine County's Mental Health and AODA (Alcohol and Other Drug Abuse) services. Provides information and assistance and access to various other programs.

Rondi Rork, PhD**262-884-4848**

6015 Durand Ave, Ste 450, Racine, WI, 53406

<https://rrork.com/>

Individual and family therapy for adults, adolescents and children.

Shorehaven Behavioral Health**262-554-8165**

6233 Durand Ave, Ste F, Mount Pleasant, WI, 53406

<https://www.shorehavenbhi.com/>

Mental health, substance abuse, co-occurring disorders, child, and couple and family problems.

The Therapy House

700 Villa St, Racine, WI 53403

<https://www.thetherapyhouse.org/>

Treatment for adults, adolescents, and children, including family, individual, and couple's issues. Insurance and offers sliding fee scale.

262-619-3264

262-619-3265

Other Resources

Substance Abuse and Mental Health Services Administration (SAMHSA) - National Mental Health Information Center

800-726-4727

<https://www.samhsa.gov/>

The National Mental Health Information Center was developed for users of mental health services and their families, the general public, policy makers, providers, and the media. See the Mental Health Services Locator under Resources.

Psychology Today Find Therapists

<https://www.psychologytoday.com/us/therapists/wi/racine-county>

Resilient Wisconsin

<https://www.dhs.wisconsin.gov/resilient/index.htm>

Veteran's Crisis Line

<https://www.veteranscrisisline.net/>

800-273-8255 Press 1

Text to 838255

Confidential toll-free hotline, online chat, or text for Vets in crisis and their families/friends.

Women's Resource Center

PO Box 1764, Racine, WI 53401

<https://www.wrcracinewi.com/>

<https://www.facebook.com/WRCRacine/>

262-633-3274 office

262-633-3233 24-hr crisis

262-221-0058 Text line

Professional Counseling services are available to meet the needs of women in crisis resulting from domestic abuse or sexual assault. Weekly support groups enable women to share experiences, gain support, and receive education about domestic abuse.

Websites of Interest:

HelpGuide.org

<https://helpguide.org/>

Mental Health America

<https://mhanational.org/>

<https://www.mhanational.org/staying-mentally-healthy>

MHA-Wisconsin: <http://www.mhawisconsin.org/>

Apps and other Websites that help

Look for Apps and websites that help you live your best life – find those that work for you. Apps are available to help you track your medications, to meditate, to provide you with positive statements, and other types of help based on your needs. Many are free or low cost.

Further Ideas

Most churches have their own counseling programs; those services often range from someone to talk to all the way up to grief counseling after a loss and help with drug and alcohol abuse issues. Even if you are not a member of the church, they may offer counseling or be able to refer you to someone who does.

Check with your HR department to see if your company has an EAP, or Employee Assistance Program. EAP hotlines often provide support to employees looking for help with their mental health, someone to talk to, drug and alcohol issues, or even nutrition and physical health concerns.

Try an Online Counseling or Listening Service. You can find free and paid services online but be aware that this may not be at the professional level you may be in need of, and you may need to pay for some of the services offered.

A few well-regarded self-help options include:

7 Cups of Tea - <https://www.7cups.com/>

Blah Therapy – <https://blahtherapy.com/>

Talkspace – www.talkspace.com

Better Help - <https://www.betterhelp.com/>

Three-Party Commitment Petition

If a person is willing to seek help on a voluntary basis, there is no need to pursue a Three-Party Petition. You may contact Information & Assistance at 262-638-6741 to inquire about treatment options or, if the person seeking services is insured, call the phone number on the back of their insurance card for treatment referrals.

Since Wisconsin is a least restrictive state, the law governing our mental health system (Chapter 51) emphasizes protecting individual rights and liberties. The laws favor voluntary over involuntary treatment. However, there are three ways in which to force involuntary treatment in the State of Wisconsin:

- Emergency Detention
- Director's Petition (also known as Director's Hold)
- Three-Party Petition

Call with questions, for more information, or for assistance with a petition - **262-638-6741**

Prescription Drug Patient Assistance Programs:

Pharmaceutical companies or pharmacies that make free or low-cost brand name or generic prescription drugs available to patients who are uninsured or underinsured or, for other reasons, cannot afford to pay the market price. Also included are organizations that help qualifying patients complete and file paperwork for submission to drug manufacturers to request such medication or which maintain lists of these types of programs for referral purposes.

Cost Plus Drug Company (Mark Cuban)

<https://costplusdrugs.com/>

Pharmacy benefit manager, web based

Good RX

<https://www.goodrx.com/>

Coupon based program to help you save at a local pharmacy.

Healthcare.gov

800-318-2596

<https://www.healthcare.gov/>

Medicine Assistance Tool

888-477-2669

<https://medicineassistancetool.org/>

Former - Partnership for Prescription Assistance is a website that can help you find government and private prescription drug assistance programs if you are low-income and uninsured.

Needy Meds

800-503-6897

<https://www.needymeds.org/>

50 Whittemore St, Gloucester, MA 01930

A web-based information resource, Needy Meds is a 501(3)(c) non-profit with the mission of helping people who cannot afford medicine or healthcare costs. Access to patient assistance programs and other resources.

RX Outreach

888-796-1234

<https://rxoutreach.org/patients/>

Licensed nonprofit mail order pharmacy available to qualifying individuals and families. Patients can quickly check their eligibility online. Patients can be on Medicare, Medicaid or other health insurance and still receive medications from Rx Outreach.

Wisconsin Prescription Drug Resources

<https://www.dhs.wisconsin.gov/guide/freeprescr.htm>

Information on programs that might save you money on your prescription drugs.

Other Programs:

Check with national and local disease/disability organizations as they often have information on patient assistance programs that help the people they serve.

Mental Health America

800-969-6642

<https://mhanational.org/>

<https://www.mhanational.org/staying-mentally-healthy>

MHA-Wisconsin: <http://www.mhawisconsin.org/>

Prescription Drug Discount Cards:

FamilyWize – Community Service Partnership Inc

844-234-3057

<http://familywize.org/>

Partners with United Way. Can print personalized card on the website.

Transportation

General Transportation:

Public providers, or private companies, that transport people who are able to get in and out of vehicles with little or no assistance. Some, like the public bus systems, will accommodate wheelchair users.

Burlington West End Express

262-764-0377

Seniors 60 and over, as well as ambulatory adults with disabilities can use the Shuttle weekdays between 9:30 am and 3:30 pm on demand. Call for more information.

RYDE Racine Transit (former - Belle Urban System BUS) - Reduced Transit Fee

262-637-9000

<https://cityofracine.org/Racine-Transit/>

Transports only within the city of Racine; reduced fee passengers use same buses and same routes as other passengers. For information pick up pamphlet at: City Hall, City Clerk's office, Rm 102 or Dept. of Transportation, Rm 304 located at: 730 Washington Ave. *Must show your Reduced Fare Identification Card to bus driver each time you ride.*

Wheelchair accessible - The RYDE buses are equipped with easy-to-use automated lifts or ramps. Reduced fares are offered to persons with disabilities. If you need an attendant, they ride free. No advance notice is necessary when planning your ride. For safety, bus operators will assist with boarding the bus. Also, bus operators will only deboard at safe locations.

MyRide – Car Rides for Seniors

262-417-7544

<https://www.volunteerracine.org/myride/>

6216 Washington Ave, Ste D
Racine, WI 53406

Monday – Friday between 9 am and 5 pm. Arrange at least one week in advance. Donation requested but not required. Must be age 55 or older or have a visual impairment.

Tietel's Transport

Burlington Rides

262-206-7043

Rides to other surrounding areas

779-770-4051

These two van services work together to provide medical or non-medical appointments for Burlington and Waterford area residents. There are set fees for various locations; call for pricing to Waterford, Racine, Mitchell Airport, Madison, and O'Hare Airport. Person must be ambulatory. Can transport standard wheelchairs, no scooters, or electric wheelchairs. Will go within 100-mile radius of Burlington for base rate plus mileage. Best to call well in advance for longer distances. Available 24/7 and is a Safe Ride provider for Racine Kenosha, and Walworth Counties. Call for specific pricing.

Medical Transportation:

Many transportation providers offer specialized transportation for individuals that need a wheelchair or other assistive device, such as a scooter or walker. Programs that provide non-emergency transportation for individuals, who require routine medical services and who, because of financial problems or their physical condition, are unable to use other available means of transportation.

Note: Due to changing energy costs, check with providers for current charges.

Medicaid:

MTM (Medicaid only)

866-907-1493

<https://www.mtm-inc.net/wisconsin/>

Non-emergency transportation coordination for people with Medicaid (includes certain BadgerCare and T-19 members)

Paratransit Program/Specialized Transportation:

A number of persons with disabilities rely on this system to get to work or to the grocery store. For seniors, the system also provides rides to adult day care, senior nutrition sites, or dialysis appointments. These buses may take people who are in wheelchairs or who are able to walk but who cannot take the other types of transportation, either because they are not going to a medical appointment or are not covered by Title 19.

D.A.R.T. (Dial-A-Ride)

262- 619-2438

or 262-637-9000

<https://cityofracine.org/Departments/Racine-Transit/Paratransit/Paratransit/>

The DART transportation is provided by RYDE Racine. Accessible transportation from door to door for medical appointments and personal needs within City of Racine for eligible disabled living within 2 miles of a city bus route and unable to utilize regular bus service. *If you are outside of this area, see Ktown. If you are unsure, call DART. You must apply to be eligible for this service and a physician certified disability form is required. Monday - Friday, 8:00am - 4:00pm. At least 24 hours' notice is required. Cost: \$4 each way; must have exact amount in cash and pay at time of ride; will not bill Title 19. Visit the City of Racine Transit website at www.racinetransit.com for more information.

Specialized Transportation Program:

Ktown Transportation

262- 764-0377 or

866-430-6377

<https://ktowntransportation.com/>

Accessible transportation door to door for medical appointments and personal needs. Transports qualified residents of Racine County to locations in the city and county of Racine that are not accessible through the RYDE Racine system. Monday - Friday 6:00am - 6:00pm. 48-hour notice required for all rides. Cost: \$4 each way by cash or personal check; exact amount required; will not bill Title 19. Will transport to Milwaukee and Kenosha on designated days for medical appointments only at a higher co-pay. Call for more information. **Be sure to ask for the "Racine County Specialized Transportation Program."**

Medical or Non-Medical Private Pay Options

Most Private

AllStar Non-Emergency Medical Transportation

262-716-8242

<https://www.allstarnemt.com>

Private, Non-Emergency Ambulatory and Wheelchair transportation. Weekdays 7 am to 6 pm. Saturday 7 am to 4 pm. Advance notice required call for rates.

A-N-T Transportation

262-764-3441

Private, Non-Emergency Ambulatory and Wheelchair Transportation. Weekdays 7 am to 5 pm. Advance notice required, call for rates.

Caribe Transportation

262-412-5937 or

262-744-5954

Personal van transport – Private pay only

Insured and bonded. Can provide wheelchair transport. Racine and surrounding counties.

Available- 6 am to 11 pm, 7 days per week.

First Care Transportations

262-632-0000

<https://www.firstcaretransportations.com/>

Weekdays 8 am to 5 pm, Ambulatory and Wheelchair, Call for rates. 2 days' notice required. Serves all of Racine, Kenosha, and Milwaukee Counties.

Helping Hands Transportation

262-636-0039

Weekdays 5 am to 8 pm, varied weekend times. Can transport wheelchair users if they can transfer to seat. Call for rates.

Medix

262-539-2680

Van wheelchair transport. Will transport within City and County of Racine. Van transport also goes to Milwaukee, Kenosha, and Walworth Co. medical appointments. No Medicaid or insurance for ambulatory/wheelchair transports. Private pay rate – call for pricing. Requires 1 1/2-week notice for medical appointments.

NMotion Medical Transportation Inc

608-473-1477

<https://nmotionmt.com/>

Non-emergency van transport will take ambulatory, wheelchair or stretcher. Will go across counties or into nearby states. For those who are having difficulty arranging other transportation. Base rate plus mileage. Call for pricing and further information.

Out and About

262-716-4859

Private pay, west end of county. Available 24/7. Call for rates.

RMK Transportation LLC

414-303-4807

Serves Racine, Kenosha, and some of Milwaukee Counties 7 am to 6 pm, weekends possible. Personal and medical

Tootl

414-376-2222

<https://www.ridetootl.com/>

Wheelchair and other transportation 24/7. Check website or call for rates.

Taxi Services:

Organizations that provide door-to-door automobile transportation for people who are willing to pay an established fare that is usually recorded by a meter. Riders must be able to get into and out of cab independently.

Designated Driver

262-884-4248

<http://www.ddwisconsin.net/>

Flat Rate Taxi service serving east of I-94 and to airports. Advance reservations preferred but will do on-request rides if there is availability. Call for rates and additional information.

Ambulance:

Programs that provide ground vehicles which rapidly transport acutely ill or injured individuals to health care facilities for treatment or from one health care facility to another for specialized care. Ambulances are equipped and staffed to provide medical care during transit.

Ambulnz

262-658-4488

Stretcher only for Medical and emergency. Will also do relocation transport such as hospital to skilled nursing facility, etc. Will accept any type of insurance that will cover.

Lakeview Critical Care EMS

262-957-6930

Serves central and southern Wisconsin. Basic life support to critical care, short distance inter-facility and long-distance ground transport.

Medix

262-637-1331

See also Medical Transportation. Will transport within City and County of Racine. Call regarding Ambulance Base rate for private pay. If going to ER, no medical necessity certification needed.

Other:

Disabled Parking Identification Card

608-266-3041 Info only

<https://wisconsin.gov/Pages/dmv/vehicles/dsbld-prkg/default.aspx>

Apply online or through the mail at no cost, or at local DMV for Counter Fee.

Invisible Disability Disclosure

<https://wisconsin.gov/Pages/dmv/license-drvs/mdcl-cncrns/inv-dis.aspx>

An applicant for a Wisconsin driver license, identification (ID) card and/or vehicle registration can choose to disclose on their driver license, ID card and vehicle registration record, that they have a disability that may not be immediately apparent to another person. The disclosure would be available to law enforcement officers and employees of the Wisconsin Department of Transportation (WisDOT)

Travel

Providers that will take riders to other communities, or to airport locations.

Amtrak

800-872-7245

<https://www.amtrak.com>

Amtrak train service between Milwaukee and Chicago is available in Sturtevant at the Amtrak station on County H, (Wisconsin St). Train service can be accessed by using RYDE. Contact them for specific route and time information <https://cityofracine.org/RydeRacine/> 262-637-9000. Tickets are purchased online, on the train from the conductor, or from a local travel agent. For schedule and fare information, call Amtrak at their national information number.

Coach USA Airport Express

877-324-7767

<https://www.coachusa.com/>

Coach USA Airport Express service is available to O'Hare International Airport and Milwaukee from the Petro Station/Iron Skillet on I-94 and Hwy. 20. There are fourteen runs to O'Hare and Midway airports 365 days a year. Limited weekday connections are available using the RYDE Racine System. Contact them for routes and schedules. <https://cityofracine.org/RydeRacine/> 262-637-9000. Coach USA Airport Express tickets can be purchased from the bus driver or a local travel agent.

Greyhound

800-231-2222

<https://www.greyhound.com/home/>

414-272-2156

US and International Destinations. Discounts available for seniors, military, veterans, students and children.

Metra

312-322-6777

<https://www.metrarail.com/>

Commuter train service is available in Kenosha to downtown Chicago, intermediate points and the entire Metra rail system around Chicago. In addition, Metra trains connect with the Chicago Transit Authority (CTA) buses and elevated trains in the city and 38 nearby suburbs. No direct Belle Urban System service is available to the Metra station in Kenosha at 5262 13th Ave, but Wisconsin Coach Lines does make a stop at the station. Tickets are purchased on board the trains from the conductor, or in Chicago at the Metra station. Service (Union Pacific North) is available to and from Kenosha with nine weekday trips, five trips from and seven trips to Kenosha on Saturday and three round trips on Sundays.

Wisconsin Coach Lines

262-542-8861

<https://www.coachusa.com/bus-schedules>

877-324-7767

WCL provides intercity bus service between Kenosha, Racine, and Milwaukee every day. On weekdays, there are multiple trips in each direction, and on Saturdays, Sundays, and certain holidays there are less trips in each direction. In Racine, the main connection point with Wisconsin Coach Lines is at the Racine Transit Center which is located on the 1400 block of State Street, although WCL buses can be flagged down at any point along their route, at posted City bus stops and at safe and practical rural locations.

Tickets can be purchased on the WCL buses. For route, timetable and fare information, see the website or call Wisconsin Coach Lines information at **262-542-8861**.

Other Benefits Assistance

Programs that provide assistance for people who are having difficulty understanding benefits to which they are entitled by law, or programs that help people make ends meet.

Aging & Disability Resource Center of Racine Co (ADRC)

14200 Washington Ave
Sturtevant, WI 53177

<https://adrc.racinecounty.com>

262-833-8777

866-219-1043

WI Relay 711

Benefit Specialist Programs

Assists seniors and disabled adults who have been denied such benefits as Medicare, Medicaid, FoodShare, SSI and Social Security. Call the ADRC for a referral.

Social Security Administration

4020 Durand Ave, Racine, WI 53405

<https://ssa.gov>

Social Security Information for the Hearing Impaired

Provides information about Social Security, Medicare, and Supplemental Income benefits. Services also available for visually impaired those needing interpreters and others. Offers answers to many frequently asked questions online.

866-270-8629

800-772-1213

800-325-0778

WGRP – Badgercare, FoodShare, and other Programs

888-794-5820

<https://www.racinecounty.com/departments/human-services/economic-support-services>

The Wisconsin Kenosha Racine Partnership has locations in Racine and Burlington. Obtain information and/or apply for FoodShare, BadgerCare Plus, Medicaid, Child Care and Caretaker Supplement. See also <https://access.wisconsin.gov/>

Utility Assistance:

Community Action Program (Racine/Kenosha)

262-637-8377

Weatherization Program

2113 N Wisconsin St, Racine, WI 53402

<https://www.rkcaa.org/housing/weatherization>

Weatherization program and many general community services. Must first apply and be approved for energy assistance – see below.

Energy Services Inc, Energy Assistance Program - WHEAP

262-633-6000

1320 S Green Bay Rd, Racine, WI 53406

<https://esiwi.com/>

Administers the Wisconsin Home Energy Assistance Program (WHEAP) which provides assistance for heating costs, electric costs, and energy crisis situations.

Lifeline - Wisconsin Internet and Phone Helpline

608-267-3595

<https://psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx>

For Broadband information see: <https://psc.wi.gov/Pages/Home.aspx>

Lifeline is a Wisconsin Universal Service Fund programs that make essential telecommunications more affordable for low-income households. All telephone companies that provide local residential service in Wisconsin are required to offer this program to their residential customers. Lifeline reduces monthly telephone charges (either landline or cellular/wireless)

Customers can apply for Lifeline for their landline through their local telephone provider. **You can receive Lifeline discounts on only one telephone number – either wireless or wireline but not both – per household**. Information, an order form, and a listing of participating providers and their telephone numbers are provided on the website listed above. You can also use the National Verifier tool found at: <https://nationalverifier.servicenowservices.com/lifeline>

Other Help

Giving to the Nations

920-770-8884

4003 Durand Ave, Ste 5A, Racine 53405

<https://www.givingtothenations.org/>

Provides supplemental healthy food and basic hygiene products, various free education classes, and diverse community outreach.

Love Inc

262-763-6226

480 S Pine St, Burlington, WI 53105

<https://www.love-inc.net/>

Serves Western Racine County with various assistance programs.

Salvation Army

262-632-3147

<https://centralusa.salvationarmy.org/racine/>

Various assistance programs

St Vincent DePaul

262-633-6467

<https://www.svdpracine.org/>

Various assistance programs

Employment Resources

Programs that provide employment opportunities for people who are searching for jobs; assist people who are able and willing to work by helping them prepare for, find, secure and retain suitable employment; provide work site evaluation and/or modification support; and/or seek to develop employment opportunities in various fields for people who need a position.

Division of Vocational Rehabilitation

<https://dwd.wisconsin.gov/dvr/>

The Division of Vocational Rehabilitation (DVR) assists individuals with disabilities to obtain, retain or advance in employment. The resources available through DVR may help you achieve your employment goals. To apply: you can request an application on-line, or pick up an application at WDC Reception areas. Once DVR receives your completed application, you will be invited to attend a meeting designed to provide you with all the information you need to know to move forward with the vocational rehabilitation process.

Division of Vocational Rehabilitation Racine County

1516 S Green Bay Rd, Ste 100
Racine, WI 53406

262-956-6930

800-228-2681

262-638-7224 TTY

Racine County Workforce Solutions

262-638-6312

One-stop center for all your employment needs. There are many specialty services offered including a veteran's specialist, re-entry to the workforce programs and more.

<https://www.racinecounty.com/departments/workforce-solutions>

1717 Taylor Ave
Racine, WI 53403

Burlington Office
1072 Milwaukee Ave
Burlington, WI 53105

262-767-2922