

It's Time

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One of the most difficult experiences a caregiver may face is considering an out-of-home placement for their loved one. Although we usually think that keeping someone in their own home is the ultimate goal, sometimes there is a point when staying at home may no longer be the best option. If you are wondering if it might be time to move your loved one to a continuing-care facility, you may find these questions helpful in deciding.

- Are the person's needs being met at home?
- Is constant care required beyond my physical capability?
- Is it always safe in the home?
- Is there a concern that the person may harm themselves or others?
- Does the person need specialized care not available or affordable at home?
- Would an out-of-home setting provide opportunities for therapy and socialization, not possible at home?
- Would moving the person to a long-term-care facility allow me to devote needed time to family/job/self?
- Am I healthy and physically strong enough to take care of the person?
- Is there a care facility in the area that I trust?

The most important thing to remember is that moving your loved one to a care facility is NOT a sign of failure in your role as a caregiver. A caregiver's main job is to ensure that their loved one is getting the best care possible, while also prioritizing care for self, and sometimes that means a move to a care center.

Your Aging and Disability Resource Center has resources available to help if you are considering long-term care placement

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