



**SAVE THE
DATE!
Thursday
MARCH 15
11 AM
dining room**

Mount Pleasant Place

5810 Lincoln Village Dr

COME FOR LUNCH EARLY

**And sample a variety of
GRILLED FRUITS & VEGETABLES**

**Learn ways to eat those 5 servings of
fruits and vegetables daily**

**A Book of Recipes will be given to all
who attend**

Sponsored by: Racine County Senior Nutrition Program
Reservations - Call 833-8766 or sign up in dining room for lunch
(Must be over age 60 - see additional information on our website at:
http://www.adrc.racinecounty.com/site/457/nutrition_program.aspx)