


Racine County Meals on Wheels Menu

May 2018 833-8766

Call before 9:30 am the previous day (Monday-Friday) to cancel a meal.



	1 Italian Sausage/ Marinara Scalloped Potatoes Brussels Sprouts Multi-Grain Dinner Roll Fresh Melon	2 Jambalaya Brown Rice & Red Peppers Broccoli Corn Bread Chilled Pears	3 Dilled Tuna Salad on Wheat Sandwich Bun Lettuce and Tomato Garbanzo/Kidney Bean W/ Carrots Balsamic Chilled Peaches	4 Chicken Marbella Rice Florentine Country Blend Veggies Whole Wheat Bread Whole Orange
7 Kielbasa Dilled Baby Red Potatoes Red Cabbage & Apples Rye Bread Fruit Cup	8 Orzo Chicken Salad Mixed Salad Greens Herbed Tomato Wedges Multi-Grain Bread Pineapple Tidbits	9 Egg & Cheese Calzone Potato Hash Fruit Cup Corn Bread Fresh Orange	10 Baked Meatloaf W/Country Gravy Mashed Potatoes Peas & Carrots Whole Wheat Bread Banana	11 Potato Crusted Fish Au Gratin Potatoes Cole Slaw Whole Wheat Bread Hot Applesauce
14 Meatball Marinara on Soft Hoagie Roll Potatoes Italiano Italian Green Beans Whole Orange	15 Salisbury Steak & Vegetables Mashed Potatoes Cabbage & Carrots Multi-Grain Bread Ranger Cookie	16 Ham & Turkey Club Focaccia Flat Bread Lettuce & Tomato Pea Salad Pineapple Tidbits	17 Chicken & Mini Dumplings Garden Vegetables Beet Salad Crackers Hot Glazed Apples	18 Veal Parmesan Penne Pasta W/ Marinara Sauce Broccoli Whole Wheat Roll Fresh Melon
21 Chicken Ala Orange Vegetable Rice Pilaf Green Bean Salad Wheat Cranberry Bread Hot Peach Crumble	22 French Dip of Beef W/ Mushrooms/Onions Barley & Vegetables Harvard Beets French Roll Fresh Melon	23 Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Garlic Bread Oatmeal Raisin Cookie	24 Surimi Crab Salad Leaf Lettuce Garnish & Tomato Wedges Dilled Cucumbers Whole Wheat Bread Apple Crisp	25 Hot Dog Twice Bake Potato Casserole Peas & Carrots Hot Dog Bun Banana
28  Closed Today	29 Hamburger Baked Beans Mixed Vegetables Wheat Hamburger Bun Fruit Sunburst	30 BLT Chicken Salad Mixed Salad Greens W/ Tomato Wedges Tri-Bean Salad Crackers Ambrosia Fruit Custard	31 Spaghetti & Meatballs W/ Marinara Sauce Capri Blend Vegetables Chilled Pears	The Menu for Meals on Wheels is now different from the Racine County Senior Dining Site menu.

*Menu is subject to change

*Diabetic Dessert is offered with all meals

*Choice of 1%, skim milk, or juice included with each meal.